

The Journey Towards Our School Goal



We're developing our school goal and we'd love to hear from you!

RESILIENCE:

The ability to **cope** when things go wrong and **persevere** when learning is hard.

Ways You Can Share Your Stories

- * On this Google form
- * Send the teacher or the principal an email (ijkwasnick@deltaschools.ca)
- * Give us a call to chat
- * Come by for a visit and share your story.

The pandemic has been hard on many of us, including our students. We know that we need to focus on Well-Being & Mental Health, in order to help our students be as successful as possible. We see a close connection between students' mental health, well-being, and their ability to cope when they face challenges.



We will be sharing and collecting stories about what we're noticing with our students at school, their resilience, what it looks like when they have challenging tasks and when learning activities are hard for them.

Do you have a story that you could share of a time when your child was resilient or a time when your child struggled? We would love to hear your stories!