# **Griffin Gazette**





Principal's Message

*It's beginning to look a lot like Christmas* here at school. Our grade 7 helpers have decorated the foyer and put up the tree. Xylophones are playing 'Jingle Bells' during music class. A duo practices at the piano as their friend sings Christmas Carols at lunchtime. Sometimes there is even singing coming out of the gym washroom! Winter artwork is up in the hallways (samples from the art card fundraiser are on the newsletter). Preparations are in full swing for our festive season.

Our Christmas Concert is coming together (lights, camera, action!) and will be filmed throughout the week of Dec. 8-11<sup>th</sup>. We will have our backdrop hung and the spotlights ready, even though our audience will be tuning in remotely. It will still be a wonderful show, this time with the comforts of home.

On the drive home, I've noticed lots of lights and decorations on houses throughout Ladner already. I see that the City has put out the challenge to 'Light up Delta' starting at 7PM on December 1<sup>st</sup>. It definitely makes the commute more fun to see so many light displays. We are all ready for more wonder as we countdown to the holiday break.

# Nov 30<sup>th</sup> is a ProD day - no school for students.

### Seasons Eatings 2020 Purdy's Fundraiser

Thank you to everyone who ordered lots of yummy chocolate to help stock up more books for our NG Library.

#### Pick Up from Neilson Grove: 12/1/2020

We will have a table set up outside of the main entrance. Drive thru/curbside pickup will be available from 2-2:30PM and 3:15-3:30PM. Safety guidelines (sanitizer, masks) will be used.

Please email <u>neilsongrove.elem.cims@deltasd.bc.ca</u> to let us know the time you will be arriving so we can have it ready. The driveway is not available from 2:45 – 3:15PM and must be clear for school dismissal and daycare pickups.

Growing Smiles Poinsettia/Wreath fundraiser for BCCH

• Pickup is Dec. 7th



# Christmas Card Fundraiser

Extended 1 more day!

We are getting into the spirit of the season and working with SureCopy in Ladner to create greeting cards with your child's artwork.

The money raised will directly go towards the purchase of classroom outdoor equipment for playtime (ex. SpikeBall set) or for supplies for outdoor learning for each classroom (ex. Bug 'Pooters' or magnifiers).

If you would like to place an order, the cost is \$10/4pack or \$20/10pack of holiday greeting cards. The inside of the cards will be blank. If you would like a specific piece of art to be used, please note that in the order.

Orders are due by: Friday, November 27th Cards delivered by: Friday, December 4th

https://forms.gle/gisa1m7daHFr8rJW6 Click here to place an order.

Payment can be sent in to your child's teacher. Cheques can be made out to Neilson Grove Elementary.







#### Focusing on the Positive

This week, we want to highlight the importance of taking care of ourselves so we can take care of others. This short article (https://hbr.org/2020/04/to-take-care-of-others-start-by-taking-care-of-yourself) offers some helpful suggestions on how you can shore up your mental and emotional reserves, as we can't share with others a resource that we lack ourselves. And remember, please don't hesitate to ask for help from the school if you need it.

The staff will be joining Andrew Neufeld for part of our Pro-d day on Nov 30<sup>th</sup> to talk about *Managing Mental and Emotional Wellness During COVID-19*. We look forward to sharing the time and learning how to take care of ourselves a little better.

We are in need of casual noon-hour supervisors. It is a paid CUPE position for  $1\frac{1}{2}$  hours over the lunch hour each school day. If you are available 11:45am - 1:15pm on any days during the week, please contact the office for more details. (604) 940-4468



Neilson Grove Elementary PAC 5500 Admiral Blvd, Delta BC, V4K 5B7 ngpac.fundraising@gmail.com

November 12, 2020

Dear Neilson Grove Community Supporters,

We are excited to provide a Gift Card Fundraising initiative that **does not cost you anything** and **provides a great benefit to the Neilson Grove School Community**. All it takes is a slight change to how you pay for **frequent purchases**, such as groceries, gas and coffee.

You can use the gift cards for yourself or as gifts to others. Learn more about the program here: <u>https://www.shopfunds.ca/index.htm</u>. Another great benefit of gift cards is that most can be used for online purchases so you can avoid crowded malls!

The **following page includes instructions for easy online set up, ordering and payment delivery** to the school. This year, we will offer drive-by pick-up.

We are pleased to accept payments by:

- eTransfer to <u>neilsongrovepac@deltasd.bc.ca</u>
- > Cheque payable to Neilson Grove Elementary PAC
- > Debit card (tap) (add \$0.10 per payment for Square processing)
- > Credit card (tap) (add 2.65% per payment for Square processing)

Payment cut-off	Expected delivery
Dec. 7/2020	Dec. 16/2020

For any questions, please contact <a href="mailto:ngpac.fundraising@gmail.com">ngpac.fundraising@gmail.com</a>.

Thanks for your support!

**Neilson Grove PAC** 

Senga Poettcker and Terry Kaplan, parent volunteers

#### ORDERING INSTRUCTIONS (select A or B)

- A. **Manual order form** print the attached form and: Submit with a Neilson Grove student; **or** Email a scanned copy/ photo to <a href="mailto:ng@gmail.com">ngpac.fundraising@gmail.com</a>
- B. Online
  - 1. Go to www.shopfunds.ca
    - a. Returning shoppers  $\rightarrow$  Enter **Member Login** details; or
    - b. New shoppers  $\rightarrow$  Click **register as a shopper** (left side menu)
      - i. Enter your information (leave Group Membership ID empty) and register
      - ii. Select click here to select group
      - iii. Search alphabetically under N for Neilson Grove Elementary PAC and add
      - iv. Enter 100 in Split (%) for Neilson Grove Elementary PAC and Save
  - 2. Select Order Cards in the left menu, then New Order
  - 3. From the Ordered For down arrow list, select Neilson Grove Elementary PAC
  - 4. IMPORTANT: In the Notes section enter the first and last name of the Neilson Grove student connected with the order, with their Division Number
  - 5. Choose the **number of Gift Cards** you want from each vendor in the **Shopping List**. **Vendors with higher rebates** (up to 10% of the card value) **means more money for Neilson Grove**
  - 6. **Confirm Order**, the next screen will allow you to review your order and add/delete gift cards.
  - 7. Select Check Out
  - 8. Confirm Billing Information (your home address and contact info)
  - 9. **Check Out**, your order is submitted electronically to Neilson Grove PAC and a confirmation is provided to you by email

#### PAYMENT INSTRUCTIONS

- o **eTransfer** to <u>neilsongrovepac@deltasd.bc.ca</u>
- Cheque payable to Neilson Grove Elementary PAC submit with a Neilson Grove student
- **Debit card or Credit card , contact** <u>ngpac.fundraising@gmail.com</u> for tap payments through Square

### CHRISTMAS 2020

## SUPPORTER ORDER FORM

	NAME OF SUPPORTER	R:			PHONE N	JMBER:				DATE:		
	ADDRESS:				POSTAL C	ODE:				EMAIL:		
	NAME OF PARENT:				GRADE/CI	_ASS:						
	<u>MERCHANT(FEE)</u> Department Stores:		This is a or order <u>CERTIFIC</u>		<u>TOTAL</u>		This is	s my new standing order. <u>MERCHANT(FEE)</u> <u>Grocery Stores:</u>		<u>CERTIFICA</u>	<u>'ES</u>	<u>TOTAL</u>
(DB)	Giant Tiger	3.0%	x	\$25.00			(DB)	Fresh St. Market	5.0%	x	\$50.00	\$
			x	\$100.00	\$		(DB)	MarketPlace IGA	5.0%	x	\$50.00	\$
(DB)	Hudson's Bay (Hbc,	3.0%	х	\$25.00				**Fresh St M and IGA Reloadable** Loblaws(President's				
Home	Outfitters)		x	\$50.00	\$		(DB)	Choice,	3.0%	x	\$25.00	
			x	\$100.00	φ			Foods, Superstore,Lucky		х	\$50.00	
(DB)	London Drugs	2.0%	x	\$25.00			Dollar Whole	,No Frills,Canadian esale,		x	\$100.00	
			х	\$50.00	\$		City N	larket, Shop Easy)		х	\$250.00	\$
		0.00/	х	\$100.00	Ψ 		(DB)	Safeway	4.0%	х	\$25.00	
(DB)	Walmart	3.0%	x x	\$25.00 \$50.00						x x	\$50.00 \$100.00	
			х	\$100.00						х	\$250.00	\$
			x	\$250.00	\$		(DB)	Save-On-Foods, Urban Fare	5.0%	х	\$25.00	
	Fuel:							Price Smart Foods, Overwaitea Foods		x x	\$50.00 \$100.00	
(DB)	Chevron	2.0%	x	\$25.00						х	\$250.00	\$
(00)	onevion	2.070	x	\$50.00	<b>^</b>		(DB)	Stong's	5.0%	x	\$50.00	
			x	\$100.00	\$					x	\$100.00	¢
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			x	\$100.00	Ψ			(Osaka)		х	\$50.00	

(DB)	Petro-Canada	2.0%	x	\$25.00	
			х	\$50.00	¢
			х	\$100.00	\$
(DB)	Shell	3.0%	х	\$25.00	
			х	\$50.00	\$
			х	\$100.00	÷
	Home Improvement:				
(DB)	Home Depot	2.0%	х	\$25.00	
			х	\$50.00	
			х	\$100.00	
			х	\$250.00	\$
(DB)	Home Hardware	3.0%	х	\$25.00	
			х	\$50.00	\$
			х	\$100.00	Ψ
(DB)	Lowe's	3.0%	х	\$25.00	
(22)	20100	01070	x	\$50.00	
				•	\$
			х	\$100.00	
(DB)	Rona	3.0%	х	\$25.00	
			х	\$50.00	•
			х	\$100.00	\$
	Grocery Stores:				
(DB)	Choices Market	7.0%	х	\$25.00	
			х	\$100.00	

					\$
			х	\$100.00	
	Specialty Stores:				
(DB)	Amazon.ca	2.0%	х	\$25.00	
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				<b>.</b>	\$
			Х	\$100.00	\$
(DB)	American Eagle	5.0%	х	\$25.00	Ψ
	-				\$
(DB)	Bath and Body Works	5.0%	Х	\$25.00	
(DB)	Best Buy	2.0%	Х	\$25.00	
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(DB)	Canadian Tire	3.0%	Х	\$25.00	
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			х	\$100.00	
(DB)	Chapters/Indigo/Coles	5.0%	х	\$25.00	
				<b><b><b><b><b></b></b></b></b></b>	\$
			Х	\$50.00	\$
(DB)	Claire's Stores	7.5%	х	\$25.00	φ
(DB)	Dollarama	3.0%	x	\$10.00	
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			х	\$25.00	
				<b>.</b>	\$
			Х	\$50.00	
(DB)	iTunes	2.0%	Х	\$10.00	¢
			v	\$25.00	\$
			Х	φ25.00	\$
(DB)	La Senza	5.0%	х	\$25.00	Ŷ
( )				·	\$
(DB)	M&M Food Market	3.0%	Х	\$25.00	
(DB)	Mark's Work	5.0%	х	\$25.00	
	Wearhouse		Х	\$50.00	

	<u>MERCHANT(FEE)</u> Specialty Stores:		<u>CERTIFI(</u>	<u>CATES</u>	<u>TOTAL</u>
(DB	) Options (Gap, Old Navy,	5.0%	х	\$25.00	¢
	Banana Republic)		x	\$50.00	\$
(DB	) PetSmart	3.0%	х	\$25.00	\$
(DB	) Shoppers Drug Mart	3.0%	х	\$25.00	
			Х	\$50.00	\$
			Х	\$100.00	·
(DB	) Sport Chek/Atmosphere	3.0%	х	\$25.00	
			х	\$50.00	\$
			х	\$100.00	Ψ
(DB	) Staples	3.0%	х	\$25.00	
			х	\$50.00	
			х	\$100.00	\$
			х	\$250.00	Ψ
(DB	) Starbucks	5.0%	х	\$10.00	
			х	\$25.00	
			х	\$50.00	

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\$250.00

х

More	Specialty	Next
Page		

	<u>MERCHANT(FEE)</u> <u>Restaurants:</u>		<u>CERTIFICA</u>	<u>TES</u>	<u>TOTAL</u>
(DB)	Pizza Pizza	10.0%	х	\$25.00	\$
(DB)	Red Robin	5.0%	×	\$25.00	\$
(DB)	Sammy J's Grill and Bar (Bonus \$5 added to eve	5.0%	×	\$25.00	\$
	Card)		х	\$50.00	Ψ
(DB)	Subway	5.0%	х	\$10.00	
			Х	\$25.00	\$
			×	\$50.00	·
(DB)	Tim Hortons	3.0%	Х	\$10.00	
			Х	\$25.00	\$
			×	+	
(DB) (The 1 Park,	Vancouver Dine Teahouse, Seasons in the	10.0%	×	\$50.00	\$
Carde	ro's, The Sandbar)				
(DB)	White Spot Restaurant	5.0%	Х	\$25.00	\$
			х	\$50.00	Ψ
(DB)	Triple O's	5.0%	х	<b>*</b>	\$
(22)	110000	0.070	,	φ20.00	

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				•	\$
			х	\$100.00	\$
(DB	) The Children's Place	5.0%	х	\$25.00	Ψ
(DB		5.0%	X	\$25.00	
,	,			·	\$
	Home Sense		Х	\$50.00	
(DB	<u>Restaurants:</u> ) Boathouse Restaurants	5.0%	x	\$25.00	
					\$
			Х	\$50.00	
(DB	) Boston Pizza	5.0%	x	\$25.00	\$
			х	\$50.00	·
(DB	) Browns Socialhouse	8.0%	х	\$25.00	
			x	\$50.00	\$
(DB	) Cactus Club	10.0%	x	\$25.00	\$
			Х	\$50.00	
(DB	Cara-The Ultimate ) Dining Card	5.0%	x	\$25.00	\$
(Mil	estone's, Kelsey's, Swiss		х	\$50.00	¥ 
Cha Frie	let, Montana's, New York s				
	vey's, East Side Marios and m	ore)			
(DB	) Darden Restaurants				¢
	Olive Garden	5.0%	х	\$25.00	\$
(DB		5.0% 5.0%	x	\$25.00 \$25.00	
נטט,		0.070	^	ψ20.00	\$
			х	\$50.00	*
(DB	) Freshslice Pizza	5.0%	х	\$10.00	
				<b>A a a a</b>	\$
			х	\$25.00	
(DB	) Joey Restaurant	5.0%	х	\$25.00	

(DB)	Entertainment: Cineplex Odeon (Famous Players,Galaxy, SilverCity,Colossus, Paramount)	5.0%	x x x	\$10.00 \$25.00 \$50.00	\$	_
	Travel				\$	
(DB)	Fairmont Hotels	5.0%	х	\$100.00	Ф ———	_
	<u>Spas</u>					
(DB)	Spa Utopia	5.0%	х	\$50.00	\$	
	www.spautopia.ca		х	\$100.00	Ψ	-
<u>GRAN</u>	<u>ID TOTAL:</u>				<u>\$</u>	
DB:	All Merchants Declining Ba	alance Plastic Sho	ppin	g Cards (G	ift Card)	
	<u>IOT PAY OFF ACCOUNT V</u> IFICATES	<u>VITH CARDS OR</u>				

(DB)	Keg	5.0%	x x x	\$50.00 \$25.00 \$50.00	\$	ΡΑΥ	MENT INFORMATION:		Cheque #			
		$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$										
(DB)	McDonald's	3.0%	х	\$25.00		1 ota	Thanks for your		Other			
(DB)	Moxie's	10.0%	х	\$25.00	۵ 							
(DB)	Old Spaghetti Factory (Bonus \$10 card with events) *		x	\$25.00	\$							
	*Old Spaghetti Factory \$10 card can only be used from Jan 4 - March 15 2021									Revised No	ov 2020	
	CHRISTMAS 2020				<u>SUPPORT</u>	ER O	RDER FORM					
	NAME OF SUPPORTER: ADDRESS: NAME OF PARENT:				PHONE NUMBER: POSTAL CODE:							
					GRADE/CLASS:							
	<u>MERCHANT(FEE)</u> Department Stores:		This is a o order <u>CERTIFIC</u>		□ <u>TOTAL</u>	This is	my new standing order. <u>MERCHANT(FEE)</u> <u>Grocery Stores:</u>		<u>CERTIFICA</u>	ATES	<u>TOTAL</u> \$	
(DB)	Giant Tiger	3.0%	х	\$25.00	\$	(DB)	Fresh St. Market	5.0%	x	\$50.00	\$	-
			х	\$100.00	÷	(DB)	MarketPlace IGA	5.0%	х	\$50.00	*	-
												1

(DB) Hon	Hudson's Bay (Hbc, ne Outfitters)	3.0%	x x x	\$25.00 \$50.00 \$100.00	\$		**Fresh St M and IGA Reloadable** Loblaws(President's Choice, oods, Superstore,Lucky	3.0%	x x	\$25.00 \$50.00	
(DB)	London Drugs	2.0%	x	\$25.00		Dollar,N Wholes	No Frills,Canadian ale,		х	\$100.00	\$
			х	\$50.00	\$	City Ma	rket, Shop Easy)		х	\$250.00	
(DB)	Walmart	3.0%	x x	\$100.00 \$25.00		(DB)	Safeway	4.0%	x x	\$25.00 \$50.00	
	Wainar	0.070	x	\$50.00					x	\$100.00	\$
			х	\$100.00	\$		Save-On-Foods, Urban		x	\$250.00	Ф ————
			х	\$250.00	φ	(DB)	Fare	5.0%	х	\$25.00	
	Fuel:						Price Smart Foods, Overwaitea Foods		x x	\$50.00 \$100.00	
(DB)	Chevron	2.0%	х	\$25.00					х	\$250.00	\$
Ì			х	\$50.00	\$	(DB)	Stong's	5.0%	х	\$50.00	
			Х	\$100.00					х	\$100.00	\$
(DB)	Esso	2.0%	х	\$25.00					х	\$500.00	
			х	\$50.00	\$	(DB)	T&T Supermarkets	2.0%	х	\$25.00	
			Х	\$100.00			(Osaka)		х	\$50.00	\$
(DB)	Petro-Canada	2.0%	x x	\$25.00 \$50.00	¢		Specialty Stores:		х	\$100.00	
			х	\$100.00	\$	(DB)	Amazon.ca	2.0%	х	\$25.00	
(DB)	Shell	3.0%	х	\$25.00		( )			х	\$50.00	\$
			х	\$50.00	\$				х	\$100.00	\$
			х	\$100.00	Ψ	(DB)	American Eagle	5.0%	x	\$25.00	
						(DB)	Bath and Body Works	5.0%	x	\$25.00	\$

(DB)	Home Improvement: Home Depot	2.0%	x x	\$25.00 \$50.00		(DB)	Best Buy	2.0%	x x x	\$25.00 \$50.00 \$100.00	\$
			x x	\$100.00 \$250.00	\$	(DB)	Canadian Tire	3.0%	x x	\$25.00 \$50.00	\$
(DB)	Home Hardware	3.0%	x x x	\$25.00 \$50.00 \$100.00	\$	(DB)	Chapters/Indigo/Coles	5.0%	x x x	\$100.00 \$25.00 \$50.00	\$
(DB)	Lowe's	3.0%	x x	\$25.00 \$50.00	\$	(DB) (DB)	Claire's Stores Dollarama	7.5% 3.0%	x x	\$25.00 \$10.00	\$
(DB)	Rona	3.0%	x x x	\$100.00 \$25.00 \$50.00	·	(DB)	iTunes	2.0%	x x x	\$25.00 \$50.00 \$10.00	\$
			x	\$100.00	\$	(DB)	La Senza	5.0%	x	\$25.00 \$25.00	\$ \$
(DB)	Grocery Stores: Choices Market	7.0%	x x	\$25.00 \$100.00		(DB) (DB) (DB)	M&M Food Market Mark's Work Wearhouse	3.0% 5.0%	x x x x	\$25.00 \$25.00 \$25.00 \$50.00	\$
				\$250.00	\$		More Specialty Next Page		x	\$100.00	\$
	<u>MERCHANT(FEE)</u> Specialty Stores:		<u>CERTIFIC</u>	<u>ATES</u>	<u>TOTAL</u>		<u>MERCHANT(FEE)</u> <u>Restaurants:</u>		<u>CERTIFICAT</u>	<u>'ES</u>	<u>TOTAL</u>
(DB)	Options (Gap, Old Navy, Banana Republic)	5.0%	x x	\$25.00 \$50.00	\$	(DB) (DB)	Pizza Pizza Red Robin	10.0% 5.0%	x x	\$25.00 \$25.00	\$ 

PetSmart	3.0%	x	\$25.00	\$	(DB)	Sammy J's Grill and Bar		_ x	\$25.00	¢
Shoppers Drug Mart	3.0%	x	\$25.00				\$50	x	\$50.00	\$
enoppere Drug mart	0.070	x	\$50.00		(DB)	Subway	5.0%	x	\$10.00	
			<b>\$</b> 400.00	\$					<b><b><b><b></b></b></b></b>	
		Х	\$100.00					Х	\$25.00	\$
Sport Chek/Atmosphere	3.0%	х	\$25.00					х	\$50.00	¥ 
		Х	\$50.00	•	(DB)	Tim Hortons	3.0%	х	\$10.00	
		x	\$100.00	\$				x	\$25.00	
		~						~		\$
Staples	3.0%	Х	\$25.00		()			х	\$50.00	
		Х	\$50.00				10.0%	Х	\$50.00	\$
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			¢050.00	\$	Oandan					
		Х	\$250.00		Cardero	o's, The Sandbar)				
Starbucks	5.0%	x	\$10.00		(DB)	White Spot Restaurant	5.0%	х	\$25.00	
	0.070				()		0.070			\$
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		х	\$50.00		(DB)	Triple O's	5.0%	х	\$25.00	Φ
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The Children's Place	5.0%	х	\$25.00	¥		Entertainment:				
Winners / Marshalls /	5.0%	х	\$25.00	•	(DB)	Cineplex Odeon	5.0%	х	\$10.00	
Home Sense		v	\$50.00	\$				v	\$25.00	
		^	ψ50.00			Tidyers, Odiaxy,		^	ψ25.00	\$
Restaurants:						SilverCity,Colossus, Paramount)		Х	\$50.00	
Boathouse Restaurants	5.0%	х	\$25.00			,				
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(DB) Old Spaghetti Factory 5.0% x \$25.00 \$ \_\_\_\_\_ (Bonus \$10 card with every \$25) \*

\*Old Spaghetti Factory \$10 card can only be used from Jan 4 - March 15 2021

Revised Nov 2020



Please remember to SLOW DOWN as you drive to and from our school.

Many of our students walk, bike, or ride their scooters to school and we all need to make sure everyone gets to school or home safely. A big THANK YOU to Dal, our crossing guard at River Rd, for keeping us safe for all these years.

As mornings grow darker, and the wet weather comes, please use extra caution using the crosswalks at River Road or on Admiral Blvd. in front of the school. If you are driving - be very aware of pedestrians. If you are walking - make eye contact and wait until the car has stopped in order to cross safely.

Our Staff Parking Lot is for STAFF PARKING ONLY. Please park on Admiral Blvd. if you are visiting the school.

The PAC also invites parents to report vehicle descriptions and license plate numbers on the Police Non-emergency line:

# 604-946-4411

Outdoor Learning will be happening a lot this year so students are

expected to dress appropriately for all weather. Indoor shoes and an extra pair of dry socks could come in very handy throughout the year.

The CDC has announced approval of a new Mouth Rinse COVID test for Children - you can find a video here. <u>http://www.bccdc.ca/health-info/diseases-conditions/covid-19/testing/children-youth</u>

#### Appendix C: Daily Health Check Example

		Daily Health Check			
1.	Key Symptoms of Illness*	Do you have any of the following new key symptoms?	CIRCLE ONE		
		Fever	YES	NO	
		Chills	YES	NO	
		Cough or worsening of chronic cough	YES	NO	
		Shortness of breath	YES	NO	
		Loss of sense of smell or taste	YES	NO	
		Diarrhea	YES	NO	
		Nausea and vomiting	YES	NO	
2.	International Travel	Have you returned from travel outside Canada in the last 14 days?	YES	NO	
3.	Confirmed Contact	Are you a confirmed contact of a person confirmed to have COVID-19?	YES	NO	

The following is an example of a daily health check to determine if you should attend school that day.

If you answered "YES" to one of the questions included under 'Key Symptoms of Illness' (excluding fever), you should stay home for 24 hours from when the symptom started. If the symptom improves, you may return to school when you feel well enough. If the symptom persists or worsens, seek a health assessment.

If you answered "YES" to two or more of the questions included under 'Symptoms of Illness' or you have a fever, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, you should not return to school until COVID-19 has been excluded and your symptoms have improved.

When a COVID-19 test is recommended by the health assessment:

- If the COVID-19 test is positive, you should stay home until you are told by public health to end self-isolation. In most
  cases this is 10 days after the onset of symptoms. Public health will contact everyone with a positive test.
- If the COVID-19 test is negative, you can return to school once symptoms have improved and you feel well enough. Symptoms of common respiratory illnesses can persist for a week or more. Re-testing is not needed unless you develop a new illness.
- If a COVID-19 test is recommended but is not done because you choose not to have the test, or you do not seek a
  health assessment when recommended, and your symptoms are not related to a previously diagnosed health
  condition, you should stay home from school until 10 days after the onset of symptoms, and then you may return if you
  are feeling well enough.

If a COVID-19 test is not recommended by the health assessment, you can return to school when symptoms improve and you feel well enough. Testing may not be recommended if the assessment determines that the symptoms are due to another cause (i.e. not COVID-19).

If you answered "YES" to questions 2 or 3, use the <u>COVID-19 Self-Assessment Tool</u> to determine if you should seek testing for COVID-19.

A health-care provider note (i.e. a doctor's note) should not be required to confirm the health status of any individual.





If you have fever, a new cough, or are having difficulty breathing, call 8-1-1.



If a Student Develops Any Symptoms of Illness	If a Staff Member Develops Any Symptoms of Illness					
<ul> <li>Parents or caregivers must keep the student at home</li> <li>IF STUDENT DEVELOPS SYMPTOMS AT SCHOOL:</li> <li>Staff must take the following steps: <ol> <li>Immediately separate the symptomatic student from others in a supervised area.</li> <li>Contact the student's parent or caregiver to pick them up as soon as possible.</li> <li>Where possible, maintain a 2-metre distance from the ill student. If not possible, staff should wear a nonmedical mask or face covering if available and tolerated, or use a tissue to cover their nose and mouth.</li> </ol> </li> <li>Provide the student with a non-medical mask or tissues to cover their coughs or sneezes. Throw away used tissues as soon as possible and perform hand hygiene.</li> <li>Avoid touching the student's body fluids (e.g., mucous, saliva). If you do, practice diligent hand hygiene.</li> <li>Staff responsible for facility cleaning must clean and disinfect the space where the student was separated and any areas recently used by them (e.g., classroom, bathroom, common areas).</li> </ul>	Staff must stay home IF STAFF DEVELOPS SYMPTOMS AT WORK: Staff should go home as soon as possible. If unable to leave immediately: 1. Symptomatic staff should separate themselves into an area away from others. 2. Maintain a distance of 2 metres from others. 3. Use a tissue or mask to cover their nose and mouth while they wait to be picked up. 4. Staff responsible for facility cleaning must clean and disinfect the space where the staff member was separated and any areas used by them (e.g., classroom, bathroom, common areas).					
possible if they are notified their child is ill. The threshold for reporting student and/or staff illness to public health should be determined in consultation with the school medical health officer Anyone experiencing symptoms of illness should not return to school until they have been assessed by a health-care provider to exclude COVID-19 or other infectious diseases AND their symptoms have						

#### Stay Home When New Symptoms of Illness Develop

Students and staff should stay at home when new symptoms of illness develop. The key symptoms to watch for are fever, chills, cough, shortness of breath, loss of sense of smell or taste, nausea, vomiting and diarrhea.

- If the staff or student (or their parent) indicates that the symptoms are consistent with a previously diagnosed health condition and are not unusual for that individual, they may return to school. No assessment or note is required from a health care provider.
- For mild symptoms without fever, students and staff can monitor at home for 24 hours. If symptoms improve, they can return to school without further assessment.
- If symptoms include fever, or if after 24 hours, symptoms remain unchanged or worsen, seek a health assessment. A health assessment can include calling 8-1-1, a primary care provider like a physician or nurse practitioner, or going to a COVID-19 testing centre.

#### NG Staggered Schedule

	Group A - Div 2, 4, 7, 8	Group B - Div 1, 3, 5, 6, 9
8:50AM	Arrive/Enter classroom	
9:00AM		Arrive/Enter classroom
10:20-10:35AM	Recess	
10:35-10:50AM		Recess
11:45-12:25	Outside playtime	
12:15-12:30		Eating lunch inside
12:30-12:45	Eating lunch inside	
12:30-1:10		Outside playtime
2:50PM	Dismissed	
ЗРМ		Dismissed

Playground Areas are divided into Primary and Intermediate Zones to keep learning groups separated as much as possible.

Primary students play on the older playground structure, the first half of the field, and the first sets of swings.

Intermediate students (Gr. 4-7) play on the newer/bigger playground structure, the back half of the field, the swings that are closer to the fence, and the basketball courts.

Playground equipment (ex. soccer or basketballs) has been allowed to be used by students in the same class and a schedule has been developed for the grass field and basketball courts to be used by each intermediate class (gr. 4-7) on alternating days.