**Parenting Through the Teen Years: One Family’s experience**.

*The Presentation:*

The SDSS Pac would like to offer the parents in the communities of Tsawwassen and Ladner the opportunity to get up close and personal with a teenager and a parent who have made it out the other side of adolescence in one piece! What their experience was like and what they learned that might be helpful to others will be presented at:

SDSS library

April 26th at 7:00 pm.

The presentation is free, will run up to two hours long and there will be plenty of opportunity to ask questions and to hear from other parents.

The presentation is suitable for parents who have teens they are struggling with as well as for parents who are looking for preventative measures. Topics include drug and alcohol use in teenagers, anxiety and depression in teens, cell phone use, parties, sex as well as issues related to school (absences, etc.) with a focus on how to manage these.

*The Presenters:*

William Abraham is a 19 year old graduate from SDSS. Although never a problem for his parents prior to grade ten, Will became enamored with the Rap culture and smoked ‘weed’ on almost a daily basis for the four years. Will is now proudly clean and works as a fashion model and landscaper. He is enthusiastic about sharing his experience with parents of teens and pre-teens.

Johanna Abraham, Will’s mom, has worked with teens and families for more that 30 years as a social worker and in her private counseling practice. All that experience however didn’t quite prepare her for having a teenager of her own. Now that Will has settled and she and her husband are relieved and proud of him, they are kept on their toes raising their younger son, currently in grade 11 at SDSS.

Please RSVP to Johanna Abraham: johannaabraham@yahoo.ca

Drop-ins are welcome as well.