

Making the Connection

TRAUMA INFORMED SMOKING CESSATION



March 15th, 2017

9:00-12:00

North Delta Public Health Unit

March 22nd, 2017

1:00-4:00

Delta Hospital Education
Conference Room

Quitting smoking can be challenging, but it CAN be done!

The purpose of this workshop is to build the capacity of front-line staff to better assist others to quit smoking. Family members who want to learn more and help their loved ones quit, are welcome. The workshop will address the overall role trauma can play in substance use. How to listen to people for effects of trauma and have difficult conversations on tobacco & other substances? How understanding trauma improves our services and helps all of us?

REGISTER:

North Delta: <https://www.eventbrite.com/e/making-the-connection-trauma-informed-smoking-cessation-tickets-32307195692>

South Delta: <https://www.eventbrite.com/e/making-the-connection-trauma-informed-smoking-cessation-tickets-32307714243>

A partnership between Kwantlen University Nursing Department,
Fraser Health & Quit Now BC

